

# Saatwik

VEGETARIAN RESTAURANT

*Menu*



## **Saatwik** means "Pure Essence"

According to the yogic philosophy, everything within Prakriti, the illusionary world, consists of three Gunas (qualities) - Satwa (purity), Rajas (activity), and Tamas (darkness, destruction).

Satwa manifests itself as knowledge, and harmony. It is the quality of goodness, joy, satisfaction, and contentment.

Saatwik cuisines are thought to be pure and balanced. It offers the feeling of calmness, happiness, and mental clarity, which we specially represent through our Thali meals.

**Saatwik** by Hotel Naman is the soul and consonance of art, culture and cuisine of traditional and modern India.



## **Saatwik Special Thalis**

12:30pm to 4:00pm / 7:00pm to 11:00pm

Maharashtrian Thali	₹ 150
Punjabi Thali	₹ 220
Gujarati Thali	₹ 190
South Indian Thali	₹ 200

## Beverages

Tea	₹ 25
Coffee	₹ 25
Black Tea	₹ 25
Chocolate Malt Milk(Boost)	₹ 30
Cold Coffee	₹ 70
Plain Milk	₹ 30
Plain Butter Milk	₹ 25
Masala Butter Milk	₹ 30
Pepsi / 7Up / Soda	₹ 25
Mineral Water	₹ 25

## Snacks

Bread Butter	₹ 30
Bread Butter Toast	₹ 50
Bread Jam	₹ 30
Bread Jam Toast	₹ 50
Crispy Onion Pakoda / Bhaji	₹ 100

## Sandwiches

12:30pm to 4:00pm / 7:00pm to 11:00pm

Veg Sandwich (Plain / Toasted)	₹ 50/ ₹ 70
<i>Cucumber, Tomato, Butter, Onion</i>	
Veg Cheese Sandwich (Plain / Toasted)	₹ 70/ ₹ 90
<i>Cucumber, Tomato, Butter, Onion, Capsicum with Cheese Slice</i>	
Veg Cheese Grilled Sandwich	₹ 90
<i>Cucumber, Tomato, Butter, Onion</i>	

## Burgers

12:30pm to 4:00pm / 7:00pm to 11:00pm

Veg Burger	₹ 90
<i>Cucumber, Tomato, Capsicum &amp; Cutlet</i>	
Veg Cheese Burger	₹ 110
<i>Cucumber, Tomato, Capsicum &amp; Cutlet with Cheese Slice</i>	

## Pizzas

12:30pm to 4:00pm / 7:00pm to 11:00pm

Cheese Pizza	₹ 130
<i>Olives, Chillies &amp; Oregano with Cheese Layer</i>	
Mexican Pizza	₹ 230
<i>Sweet Corn &amp; Vegetables with Cheese Layer</i>	
Paneer Cheese Pizza	₹ 230
<i>Paneer Cubes &amp; Vegetables with Cheese Layer</i>	
Mushroom Cheese Pizza	₹ 250
<i>Mushroom, Vegetables, Chillies &amp; Oregano with Cheese Layer</i>	

## Soups & Salads

12:30pm to 4:00pm / 7:00pm to 11:00pm

Tomato Soup	₹ 90
Veg Clear Soup	₹ 90
Sweet Corn Soup	₹ 100
Manchow Soup	₹ 100
Green Salad	₹ 80
Mix Raita	₹ 70

Boondi Raita	₹ 70
Curd	₹ 40
Shenga Chutney	₹ 40

## Appetizers

12:30pm to 4:00pm / 7:00pm to 11:00pm

Roasted Papad	₹ 15
Fried Papad	₹ 20
Masala Papad	₹ 30
French Fries	₹ 80
Veg Manchurian	₹ 150
Veg 65	₹ 160
Gobi Manchurian	₹ 160
Paneer Manchurian	₹ 180
Paneer 65	₹ 180
Paneer Chilly	₹ 180

## Chef Specials

Veg Chakori	₹ 250
 Spicy with Chev, Vegetables, Onion, Tomato Gravy, Finished with Butter & Cream	
Veg Anjana	₹ 250
 Spicy with Vegetables, Paneer Cubes, Kaju, Mushroom, Red Gravy, Finished with Butter	
Paneer Aurangabadi	₹ 250
Light Sweet with Mint, Onion, Tomato Gravy, Finished with Butter & Cream	
Paneer Koliwada	₹ 250
Spicy with coated paneer, Red gravy, Finished with Butter	

# Main Course

12:30pm to 4:00pm / 7:00pm to 11:00pm

Mix Veg Masala	₹ 160
Veg Kadai	₹ 160
Veg Kolhapuri	₹ 170
Veg Bhuna	₹ 180
Veg Hyderabad	₹ 180
Veg Jaipuri	₹ 200
Veg Kofta	₹ 200
Veg Maratha	₹ 170
Veg Patiala	₹ 200
Palak Paneer	₹ 180
Paneer Hyderabad	₹ 200
Paneer Tikka Masala	₹ 200
Paneer Butter Masala	₹ 200
Paneer Korma	₹ 200
Paneer Bhurji	₹ 210
Paneer Mutter Masala	₹ 190
Paneer Kaju Masala	₹ 210
Paneer Kaju Korma	₹ 210
Kaju Masala	₹ 180
Kaju Korma	₹ 180
Kaju Curry	₹ 200
Malai Kofta	₹ 200
Cheese Angoori	₹ 200
Methi Kabab Masala	₹ 200
Chole Masala	₹ 170
Dum Aloo	₹ 180
Aloo Mutter	₹ 160
Green Peas Masala	₹ 160

5% GST applicable.

Methi Besan	₹ 160
Zhunka	₹ 140
Shenga Bhaji	₹ 150
Shev Bhaji	₹ 150
Bhendi Masala	₹ 160
Bhendi Fry	₹ 160
Baigan Masala	₹ 160
Baigan Bharta	₹ 160
Dal Fry	₹ 120
Dal Tadka	₹ 140
Methi Dal Fry	₹ 150

## *Rotis*

12:30pm to 4:00pm / 7:00pm to 11:00pm



Chapati	₹ 15
Butter Chapati	₹ 20
Jowar Roti	₹ 15
Jowar Kadak Roti	₹ 15
Plain Paratha	₹ 25
Butter Paratha	₹ 30
Aloo Paratha	₹ 70
Methi Paratha	₹ 70

## *Rice & Noodles*

12:30pm to 4:00pm / 7:00pm to 11:00pm



Plain Rice	₹ 100
Jeera Rice	₹ 120
Ghee Rice	₹ 160

Masala Rice	₹ 170
Veg Biryani	₹ 180
Veg Pulav	₹ 160
Green Peas Pulav	₹ 160
Curd Rice	₹ 150
Dal Khichdi	₹ 150
Paneer Fried Rice	₹ 200
Hakka Noodles	₹ 160

## Milkshakes

12:30pm to 4:00pm / 7:00pm to 11:00pm

Vanilla Milkshake	₹ 90
Strawberry Milkshake	₹ 90
Chocolate Milkshake	₹ 90
Mango Milkshake	₹ 90

## Sweets & Desserts

Sevian Kheer	₹ 35
Huggi	₹ 55
<i>It is a traditional dessert of Maharashtra made of broken wheat, ghee and jaggery.</i>	
Gulab Jamun (2 pcs)	₹ 40
Mini Jalebi (3 pcs)	₹ 30
Badam Pista Shrikhand (200g)	₹ 55
Elaichi Shrikhand (200g)	₹ 50
Vanilla Ice-cream (1 scoop)	₹ 35
Strawberry Ice-cream (1 scoop)	₹ 35
Chocolate Ice-cream (1 scoop)	₹ 35

Mango Ice-cream (1 scoop)	₹ 35
Butterscotch Ice-cream (1 scoop)	₹ 35
Pista Kulfi	₹ 30
Mawa Kulfi	₹ 30

*Kindly provide us 20 minutes to serve the food.  
No outside food allowed in the dining area.  
Last order will be taken at 10:30pm.*



# सात्विक

Vegetarian Restaurant